

Day Hiking Checklist

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|--------------------------|------------------------|--------------------------|------------------------------------|
| <input type="checkbox"/> | Good day hiking pack | <input type="checkbox"/> | Ziploc bags/trash bag |
| <input type="checkbox"/> | Hiking boots/socks | <input type="checkbox"/> | First Aid kit |
| <input type="checkbox"/> | Trekking Poles | <input type="checkbox"/> | Swiss Army knife |
| <input type="checkbox"/> | Waterproof Jacket | <input type="checkbox"/> | Blister Prevention/Bandaids |
| <input type="checkbox"/> | Hat/baseball hat | <input type="checkbox"/> | Whistle |
| <input type="checkbox"/> | Gloves or mittens | <input type="checkbox"/> | Headlamp |
| <input type="checkbox"/> | Sunscreen/lip balm | <input type="checkbox"/> | Powerbank/recharger |
| <input type="checkbox"/> | Bug spray | <input type="checkbox"/> | Satellite Communication |
| <input type="checkbox"/> | Snacks/ energy bars | <input type="checkbox"/> | Wine Opener |
| <input type="checkbox"/> | Water/water filtration | <input type="checkbox"/> | Bear Spray |
| <input type="checkbox"/> | All Trails downloaded | <input type="checkbox"/> | Tissues/toilet paper/ paper towels |
| <input type="checkbox"/> | Map | <input type="checkbox"/> | Poncho |
| <input type="checkbox"/> | | <input type="checkbox"/> | |